Belegung Sommerferien 2026 Kursraum						
	Woche 1	**Woche 2**	**Woche 3**	**Woche 4**	**Woche 5**	**Woche 6**
Montag	Kinder-Yoga FP	Kinder-Yoga FP				
	15:00-16:00	15:00-16:00				
	MAT	MAT	MAT	MAT	MAT	MAT
	17:00-18:15	17:00-18:15	17:00-18:15	17:00-18:15	17:00-18:15	17:00-18:15
	Karate	Karate	Karate	Karate	Karate	Karate
	18:30-20:00	18:30-20:00	18:30-20:00	18:30-20:00	18:30-20:00	18:30-20:00
Dienstag			Senioren/Sitzgymn.	Senioren/Sitzgymn.	Senioren/Sitzgymn.	Senioren/Sitzgymn.
			10:00-11:00	10:00-11:00	10:00-11:00	10:00-11:00
				Fit m. Baby	Fit m. Baby	Fit m. Baby
				11:00-12:00	11:00-12:00	11:00-12:00
	Ramona	Ramona	Ramona	Ramona	Ramona	Ramona
	18:30-19:30	18:30-19:30	18:30-19:30	18:30-19:30	18:30-19:30	18:30-19:30
Mittwoch				Golden Dancer	Golden Dancer	Golden Dancer
				9:30-10:30	9:30-10:30	9:30-10:30
				Baby in Beweg.	Baby in Beweg.	Baby in Beweg.
				10:30-11:30	10:30-11:30	10:30-11:30
	Sitz Yoga	Sitz Yoga	Sitz Yoga	Sitz Yoga	Sitz Yoga	Sitz Yoga
	17:30-18:30	17:30-18:30	17:30-18:30	17:30-18:30	17:30-18:30	17:30-18:30
	Hapkido	Hapkido	Hapkido		Hapkido	Hapkido
	18:45-20:00	18:45-20:00	18:45-20:00		18:45-20:00	18:45-20:00
Donnerstag				Baby in Beweg.	Baby in Beweg.	Baby in Beweg.
				10:30-11:30	10:30-11:30	10:30-11:30
	Damen Yoga	Damen Yoga	Damen Yoga	Damen Yoga	Damen Yoga	Damen Yoga
	16:45-17:45	16:45-17:45	16:45-17:45	16:45-17:45	16:45-17:45	16:45-17:45
	Yoga Entsp.	Yoga Entsp.	Yoga Entsp.	Yoga Entsp.	Yoga Entsp.	Yoga Entsp.
	18:00-19:30	18:00-19:30	18:00-19:30	18:00-19:30	18:00-19:30	18:00-19:30
Freitag				Baby in Beweg.	Baby in Beweg.	Baby in Beweg.
				09:00-10:00	09:00-10:00	09:00-10:00
	Taekwondo	Taekwondo	Taekwondo	Taekwondo	Taekwondo	Taekwondo
	17:00-18:30	17:00-18:30	17:00-18:30	17:00-18:30	17:00-18:30	17:00-18:30